

IT'S YOUR TIME

TALKING TO YOUR PHYSICIAN: Whether you are recently diagnosed or have been living with PBC for some time, it's important to have an ongoing and open conversation about your condition with your healthcare provider. Going into your doctor's appointment equipped with the right topics of conversation can make all the difference.

THE FOLLOWING TOPICS CAN HELP GUIDE YOUR CONVERSATION:



Updates on your PBC

How you feel, what the provider can share with you, any changes in symptoms or day-to-day life.

Symptom tracking and management

Since your last visit, what has changed?



Disease progression

Have your doctor check your alkaline phosphatase (ALP) and bilirubin levels. Talk about approaches to keeping your liver enzyme levels as close to normal as possible.

Treatment updates

How the treatment is making you feel, updates from your healthcare provider on treatment options, how to minimize treatment side effects.

