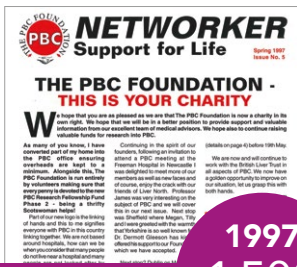


25 YEARS OF SUPPORT



1996

November: The PBC Foundation became a registered charity. Founded from a small group called the PBC Patient Support Group.



1998

April: Our organisation was growing internationally with members in Europe, USA, Canada, Australia, New Zealand, South Africa and even Mongolia.

May: The first National PBC day.



2001

April: The benefits of exercise were discussed for the first time in The Bear Facts, paving the way for **Movement is Medicine** as a form of self-care.

1997
1,500 members

1999
3,000 members



1997

March: The Networker was our first members newsletter.

April: The PBC Foundation supported the PBC DNA bank with a £25k grant.

December: Our newly named newsletter 'The Bear Facts' was published for the first time.

1999

Development of **PBC40** for use in PBC patients to measure quality of life.

Our PBC leaflets were first published, one created specifically for GPs, health professionals, and patients affected by PBC.

We received our first Scottish Office Grant from the devolved Government.



2011

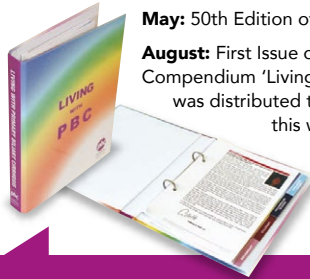
We celebrated 15 years.

"To my mind, the strength of the Foundation and one of the features that gives it its moral authority is not just the size of membership, but that it is a patient-led organisation where clinicians are asked to contribute and advise, and that the organisation is led by the patients themselves." **PROFESSOR JAMES NEUBERGER**

2010

May: 50th Edition of Bear Facts

August: First Issue of our Compendium 'Living with PBC' was distributed to members, this was a dream come true!



2005

February: PBC was discussed in Women's Hour on Radio 4.

April: Our volunteers and board of directors met with the Chair of our medical advisory board.



August: We celebrated our 10th anniversary.

November: Four issues of The Bear Facts published in one year for the first time.

2004
11,000 members



2012

September: First International PBC Day with local awareness and fundraising events.

2006

August: Message from the Queen.

"Her Majesty hopes that the Tenth Anniversary celebrations will be both enjoyable and successful for all who take part and has asked me to convey her warm good wishes to you and to all the Members of The PBC Foundation for the future."

BUCKINGHAM PALACE



2004

July: Collette was awarded her MBE by the Queen at Buckingham Palace.

2002

December: We continued to support medical research with the launch of a further £75k PBC Research Programme Grant.

2015

April: Funding from Alliance Scotland was used to provide resources and services to help children.

June: Primary Biliary Cirrhosis, became **Primary Biliary Cholangitis** to better reflect the nature of the condition.



2017

OCA (Obeticholic Acid) approved as a secondline treatment for use in PBC, and the first new treatment since Urso.

April: EASL Clinical Practice Guidelines published.

September: We launched our "Living with PBC" App.



2021

We were excited to celebrate our 25th anniversary with members and health care professionals in 78 countries.

2020

March: Our services adapted to support members during the Covid-19 pandemic, with online interactive healthcare Q&A webinars, self-management sessions and daily chat chats.

September: The biggest International PBC day to date.



2019

April: Release of the new App; features include symptom and result trackers, member surveys, and the International Patient Registry.



2021
15,000 members